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Press release

And You May Find Yourself Paul Dalgarno

Paul Dalgarno is a man in the busy throes of life, trying to work out what is important to him and how to find the time to enjoy it. *And You May Find Yourself* is an hilarious memoir of a man in his first year in Melbourne, having just emigrated from Scotland, in search of a job so that his young family can live. In the interim, they are living in his in-laws' lounge room. As the second baby is born, they are cramped and poor, and struggling to find a way out of their situation.

In many ways, this book is unique – Paul has had a fascinating life and his relationship with his father, who has never hugged him, and his mother and grandparents – key figures in his upbringing – are clues as to the way in which he wants to bring up his two young sons. But in other ways, this is an everyman's journey through that decade of the thirties, after the decadence and youth of the twenties and while the responsibilities of a home, a family and a career loom.

As deputy editor of *The Conversation*, Paul can write, and as well as being poignant and true, this book has many laugh-out-loud funny moments.

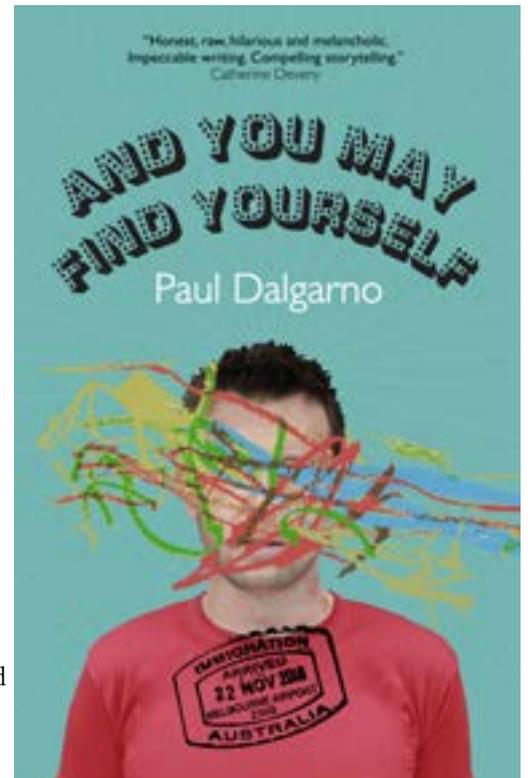
This is the first of two memoirs from Paul, who is currently working on the follow-up, which focuses on his mother – a figure you will want to know more about when you've read *And You May Find Yourself*.

ADVANCE PRAISE:

"Honest, raw, hilarious, melancholic. Impeccable writing. Compelling storytelling. Paul Dalgarno writes like The Blue Nile's Paul Buchanan sings. Quite a ride."—Catherine Deveny

"A brave, enthralling, emotionally charged memoir, told with such arresting candour that I continued to be influenced by its mood whenever I managed to put the book down, and felt the influence of its message long after I'd turned the final page."—Clint Greagan, Reservoir Dad

"Honest, entirely original, and often hilarious – one man's coming to terms with his new country, and himself."—Gay Alcorn



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About the author: Paul Dalgarno is a Melbourne-based journalist who has written for *The Guardian*, *The Sunday Times* and *The Big Issue*. He was a senior features writer, columnist and editor for *The Herald* and *Sunday Herald* in Scotland, and was a launch editor at *The Conversation*.